

Teas

Pot of 'Twinings Everyday' Tea per person.....	£2.05
Mug of 'Twinings Everyday' Tea.....	£1.50
Earl Grey – Black tea with natural oil of bergamot.....	£2.05
Darjeeling – Full bodied from North-East India.....	£2.05
Green Tea – Short green leaves with a sharp taste.....	£2.05
Decaffeinated – Caffeine free English breakfast tea.....	£2.05

Tisanes – All Caffeine Free

Chamomile – 100% flowers, effective anti-inflammatory.....	£2.05
Fruit Infusion – Red berries, apple & rosehip peel.....	£2.05
Lemon & Ginger – Spicy ginger, apple & lemon.....	£2.05
Peppermint – Strong & refreshing minty taste.....	£2.05
Rooibos – from the 'Red Bush' shrub, South Africa.....	£2.05
Takeaway.....	£1.50

Teas & Coffees from Cooper & Co. Jersey

*Brazilian 'Daterra Sunrise' Rainforest Alliance Certified Coffee Beans
Ground by us & all coffees brewed by espresso method
Soya milk also available*

Cup of Coffee.....	£1.95
Mug of Coffee.....	£2.40
Takeaway.....	£1.55
Pot of Coffee per person.....	£3.40
Espresso – Single/Double.....	£1.95/£2.40
Cappuccino – Regular, with a single shot of coffee.....	£2.35
Cappuccino – Large, with a double shot of coffee.....	£2.95
Latte.....	£2.80
Iced Coffee.....	£2.80
Spiced Chai Latte – hot or cold.....	£2.80
Mocha.....	£3.10
Takeaway.....	£2.15
Hot Chocolate.....	£2.50
Takeaway.....	£1.90
With Marshmallows & Cream.....	£3.10
Takeaway.....	£2.35
Try a shot of Vanilla or Hazelnut syrup in your coffee.....	£0.60

Floats, Milkshakes & Smoothies

Coke Float – Coke & Vanilla Ice Cream.....	£2.80
Snow White – Lemonade, Vanilla Ice Cream & Strawberry Sauce.....	£3.10
Banana, Chocolate, Strawberry or Vanilla Milkshake.....	£2.75
Takeaway.....	£2.10
With Vanilla Icecream.....	£3.50
Takeaway.....	£2.50
Jersey Milk – Small/Large.....	£1.20/£1.65
Freshly made Smoothies – see blackboard for flavours.....	£3.95
Takeaway.....	£3.20

Cold Drinks

Radnor Hills Mineral Water Still 500ml.....	£1.95
Radnor Hills Mineral Water Sparkling 500ml/750ml....	£1.95/£3.25
Takeaway.....	£1.45/£2.45
With a dash of Lime Cordial.....	£0.60
Coca Cola, Diet Coke 330ml.....	£1.80
Takeaway.....	£1.25
Sparkling Fruit Beverages 330ml.....	£2.25
Lemonade, Orange, Old Style Ginger Beer, Passionfruit & Mango, Elderflower Lemonade	
Takeaway.....	£1.75
Robinsons Apple & Blackcurrant Squash.....	£1.30
Takeaway.....	£1.10

Juices

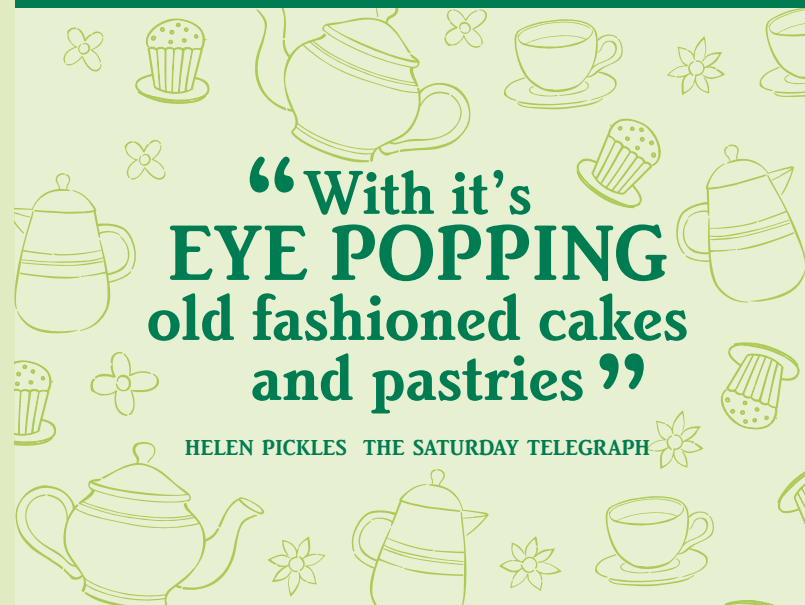
Tropicana Orange Juice 300ml.....	£2.80
Copella Apple Juice 300ml.....	£2.80
Takeaway.....	£2.20
Radnor Fizz Forest Fruits Juice 330ml.....	£1.80
Takeaway.....	£1.25

MENU



UP AND BAKING
Since
1984

ECO-ACTIVE
BUSINESS



HELEN PICKLES THE SATURDAY TELEGRAPH

The Poplars Tea Room

La Moye, St Brelade, Jersey JE3 8LN, Channel Islands

T. +44 (0) 1534 742184 E. info@thepoplarstearoom.com

www.thepoplarstearoom.com

OPEN FROM:

March to September, 10am – 5pm
Closed Tuesdays

KEN AND SUE HEALY PROPRIETORS

Soup

Homemade Soup & Baguette.....	Small	£4.85
Homemade Soup & Baguette.....	Large	£5.70
Takeaway soup.....		£3.65
Soup & a Sandwich.....	Small	£9.50
Soup & a Sandwich.....	Large	£10.40
Supplement for White Crab Meat & Red Salmon		£1.70

Sandwiches & Wraps

Choose an open or closed sandwich on homemade white/brown bread, baguette or tortilla wrap

Bacon.....	£5.55
Pâté & Lettuce.....	£5.55
Egg Mayonnaise.....	£5.55
Cheddar Cheese & Branston Pickle.....	£5.55
Salad – Lettuce, Tomato, Onion, Pepper, Cucumber, Carrot & Cress.....	£5.55
Open.....	£7.20
Takeaway (closed).....	£5.30
Bacon & Avocado.....	£6.20
BLT – Bacon, Lettuce & Tomato on Toast.....	£6.20
Prawn & Lettuce.....	£6.20
Ham.....	£6.20
Chicken & Mayonnaise.....	£6.20
Coronation Chicken.....	£6.20
Tuna / Tuna Mayonnaise.....	£6.20
Open.....	£7.90
Takeaway (closed).....	£5.85
Red Salmon.....	£6.90
Open.....	£8.25
Takeaway (closed).....	£6.60
White Crab Meat.....	£8.50
Open.....	£9.90
Takeaway (closed).....	£7.90

Toasted Sandwiches/Paninis

Choose any two fillings on Panini or sliced bread for.....	£6.10
Choose any two fillings on Panini or sliced bread for.....	£6.10
Each extra filling.....	£0.90

Paninis

Mozzarella, Tomatoes & Chorizo.....	£6.95
Tuna Mayonnaise, Roasted Peppers & Sweet Chilli Sauce	£6.95
Goats Cheese, Sunblushed Tomatoes & Onion Marmalade.....	£6.95

Ploughman's

Mixed lettuce, tomato, cucumber, homemade coleslaw & baguette with a selection of pickles/chutney

Choose two fillings for.....	£9.20
Brie, Cheddar Cheese, Ham or Smooth Pâté	

Sausage Rolls & Cheese Scone Salads

Served warm or cold with lettuce, tomato, cucumber, homemade coleslaw & a selection of pickles/chutney

Sausage Roll Salad – Small/Large.....	£7.00/£8.50
Cheese Scone Salad – Small/Large.....	£7.00/£8.50
Or why not mix one of each!	

Salads

Mixed lettuce, tomato, cucumber & homemade coleslaw with a selection of assorted salads & baguette

Ham – Small/Large.....	£8.40/£11.80
Chicken – Small/Large.....	£8.40/£11.80
Prawn – Small/Large.....	£8.40/£11.80
Quiche – Small/Large.....	£8.40/£11.80
White Crab Meat – Small/Large.....	£9.00/£12.30

Light Bites

Avocado & Prawn Marie Rose Salad.....	£6.70
Homemade Quiche or Homity Pie, Salad & Coleslaw.....	£6.70
Warm Goats Cheese, Apple & Sun Blushed Tomatoes.....	£6.70
2 Slices of Toast with Pâté & Red Onion Marmalade.....	£5.55
2 Slices of Toast with Jam	£3.00
Sausage Roll	£2.30
Takeaway.....	£1.80
Cheese Scone.....	£2.10
Takeaway.....	£1.65
Side Salad.....	£4.30
Homemade Bread with Butter.....	£1.40
Coleslaw.....	£1.80
Crisps – various flavours.....	£1.10
Children's plate – Ham, Cheese, Cucumber, Apple, Tomato, Bread & Crisps.....	£5.40

Afternoon Tea

See our wonderful cakes and pastries in the display counter and check the blackboard for specials!

Scone & Butter.....	£1.95
Takeaway.....	£1.40
Scone, Butter & Jam.....	£2.40
Takeaway.....	£1.70
Scone, Butter, Jam & Whipped Cream.....	£2.90
With Jersey Clotted Cream.....	£3.30
Takeaway.....	£2.10
Portion of Cream or Ice Cream.....	£1.50
Homemade Meringues with Cream or Ice Cream.....	£3.80
Homemade Meringues with Cream & Fresh Berries.....	£4.95

Jersey Cream Tea

**2 HOMEMADE SCONES WITH RASPBERRY JAM, WHIPPED JERSEY CREAM OR CLOTTED CREAM
A SELECTION OF HOMEMADE CAKES
TEA OF YOUR CHOICE**

PER PERSON..... **£10.60**

Poplars Afternoon Tea

SANDWICH

Your choice of **two** of the following
Ham, Egg Mayonnaise, Tuna Mayonnaise
or Cheese & Pickle

**1 HOMEMADE SCONE WITH RASPBERRY JAM, WHIPPED JERSEY CREAM OR CLOTTED CREAM
A SELECTION OF HOMEMADE CAKES
TEA OF YOUR CHOICE**

PER PERSON..... **£14.00**

Jersey Ice Creams

Vanilla Ice Cream from local producers Classic Herd served with a Rossini Chocolate Curl. See specials board for other flavours Per Scoop.....	£1.50
Creamy Chocolate or Strawberry Miniotti Ice Cream Pots made at Jersey Dairy with no added sugar or artificial sweeteners Per 125ml tub	£2.95



POTTY ABOUT TEA?



It's a PIECE of CAKE...